

The Pit Test

Key Thought

When we find ourselves in a pit, we should know that God will always enable us to get out if we will humble ourselves and seek His help. He has already provided us redemption in Jesus.

Key Scriptures

John 16:33

“These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.”

Revelation 12:10

“Then I heard a loud voice saying in heaven, ‘Now salvation, and strength, and the kingdom of our God, and the power of His Christ have come, for the accuser of our brethren, who accused them before our God day and night, has been cast down.’”

Jonah 2:1–2

Then Jonah prayed to the Lord his God from the fish’s belly. And he said: “I cried out to the Lord because of my affliction,
And He answered me.
Out of the belly of Sheol I cried,
And You heard my voice.”

Discussion

1. Why is it important for us to identify and deal with issues that may have contributed to our getting into a pit? Do you think it is usually our own fault when we get into trouble?
2. What does the enemy try to get us to focus on when we are in a difficult circumstance? Why do you think he does that?
3. What does it mean that Joseph is a type of Christ? Who are some other types of Christ? (See John 1:51; Hebrews 3:1–3; 1 Corinthians 15:1–3; Hebrews 6:20.)
4. Consider a difficult circumstance you faced in the past and answer these questions:
 - a. How did you contribute to the situation?
 - b. What lies did the enemy tell you?
 - c. How successful were you in dealing with the trouble?
 - d. What would you do differently now?
 - e. Is it difficult for you to give up control to God when you are in trouble? What will you do in the future to make it easier to give up control to God?